



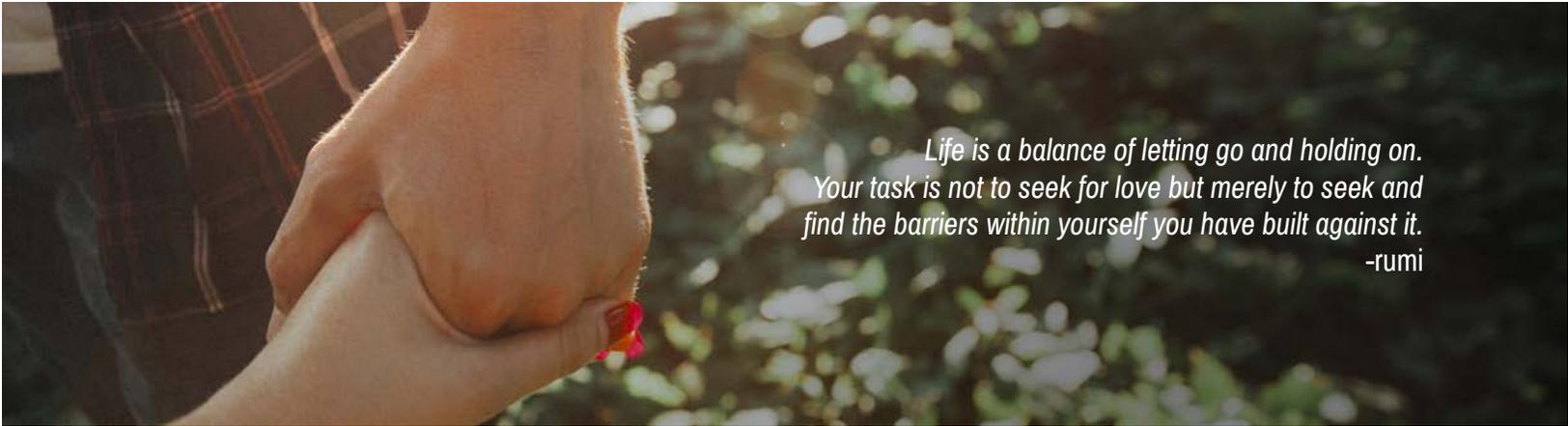
Couples Retreat
Intensive



www.jenjonestherapy.com



Couples Retreat
Intensive



*Life is a balance of letting go and holding on.
Your task is not to seek for love but merely to seek and
find the barriers within yourself you have built against it.
-rumi*

“How did you meet?” is always my first question to couples. It’s a honor to hear these unique histories, and they often foreshadow themes that are impacting the present. As a couple’s love story unfolds from it’s precious beginning, so often it can get detoured.

Perhaps it is a love that became brittle due to too much damage over time; a love that has been threatened by external crises; or a love that originated in an immature stage of life that needs to deepen or end. Or, instead of passion as the core, the love story was more of a pragmatic solution for survival in life.

Your Couples Weekend Intensive is designed to help each partner understand your “story” and *decide, re-invest, ignite, or let go.*

Do any of the scenarios speak to issues in your relationship?

- Preparing for marriage?
- Experiencing a crisis since being together 3, 7 or 13+ years?
- Dealing with re-emergence of unresolved childhood loss/grief or trauma due to parenting children or death of family members?
- Are you both in shock about a recent breach to your relationship?
- Are you frustrated with your sex life and intimacy?
- Do you know you want to break apart, but are worried about raising your children well?
- Do you want a better relationship once your kids leave the house?

You deserve to feel deeply happy and loved.



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Couples Weekend Intensive Format

This format encourages resolution. The design consolidates months of couples work into 2-3 days. This model developed over years of working with couples and observing what variables helped or hurt success. Couples therapy can get complicated. This design alleviates many of the common blockages to success.

Why San Marcos?

Couples are presented with an affordable “get away” experience, obliterating the domestic status quo. You can relax in a retreat like setting, meet privately with the therapist and not have to be part of a group. The intention is that couples can unplug, concentrate on each other and focus.

San Marcos, “Gateway to the Hill Country,” has a small town vibe. The pace and the crystal clear river flowing through town, invite slowing down and reflection. The office is located in a historic neighborhood within walking distance to the river and downtown square.

Ideal Weekend Intensive Design

Couples invest in 12 hours of couples therapy, equivalent to 3 months of weekly sessions. While I suggest that you book a Sunday-Tuesday weekend, a Friday-Sunday may be possible upon request.

Step One	Initial Inquiry	15 min No Cost Phone Consultation
Step Two	Initial Consultation	Austin/San Marcos 1 -1.5 Hour Appointment
Step Three	Couples Intensive I	San Marcos 3:00 p.m.-5:30 p.m.
Step Four	Couples Intensive II	Schedule Timeslots: 10:00 a.m.-12:00 p.m. 2:00 p.m. – 4:00 p.m. 4:30 p.m. – 6:30 p.m.
Step Five	Couples Intensive III	Schedule Timeslots: 10:00 a.m.-12:00 p.m. 2:00 p.m. – 4:00 p.m. 4:30 p.m. – 6:30 p.m.

Modified Design

Couples can adapt how they schedule their time as long as the initial investment of 12 hours is paid in advance and the appointment time slots are adhered to. Modifications may include driving home in between, scheduling less time initially and banking the rest for a follow-up couples intensive in subsequent months.



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Testimonials

Jennifer Jones has a unique combination of humor, empathy, intuition and imagination that she combines with her extensive psychological knowledge and highly effective insight discovery methods to quickly get to the actionable truth of any situation.

- Client, Male

I am a colleague of Jennifer's and have referred clients to her many times, both individuals and couples, who reported back to me that they were really impressed how sharp she was at helping see their issues and find a way to talk through them. She has a very keen insight, and I always know that she's going to do good work when I send clients here way.

- Colleague, Male

Jennifer Jones is great. Super intuitive - doesn't beat around the bush. My spouse and I were seeing a different therapist for over a year and a half to work on communication and we got nowhere. We have only seen Jennifer for 3 sessions now and we have gotten further in fixing our issues than we ever have before.

- Couple Client

Jennifer is a strong yet gentle personality which carries over in her work. She stands on her own with her work and is very successful. She is fairly nontraditional in her approach, which is a breath of fresh air when seeking therapy. Jennifer does not beat around the bush but she also takes time to speak to and listen to each person in the session, with caring and compassion. I believe Jennifer was of the male persuasion in a past life as she is very good at tapping in and understanding the male brain and their feelings.

- Colleague, Female

Registration is easy and on-line at:

<http://www.jenjonestherapy.com/intensives/>